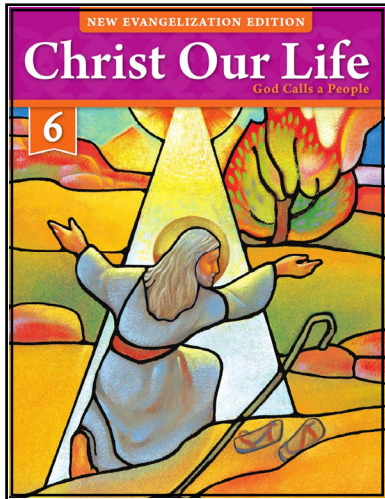


LEVEL 6 – JOURNAL 2022-23



St. Jane Frances de Chantal Parish,
Wantagh, New York

Four components to accomplish Journal:

1. Seven Mass Reflections
2. Reconciliation Reflection
3. Community Service 7 hours
4. St. Jane Frances de Chantal Report

**ALL JOURNALS MUST BE COMPLETED
BY THE END OF FEBRUARY**

Submit entire journal all at once – no single pages!

Journal has to be submitted to your teacher.

student's first and last name

Teacher–Catechist's name

REFLECTIONS ON THE CELEBRATION OF THE EUCHARIST (SUNDAY MASS REFLECTIONS)

The Sunday Liturgy (Mass) is the gathering of the Faithful (us) to pray and give praise to God. During the Liturgy we hear the Word of God proclaimed in the:

1st reading from the Old Testament,

Responsorial Psalm,

2nd Reading from the New Testament (other than the Gospel),

Gospel (Matthew, Mark, Luke or John)

The Priest or Deacon shares his thoughts on what the readings mean for us as Catholic Christians in our everyday life; this is called the HOMILY. We are challenged to take the lessons of the readings with us when we leave the church and carry it out in our everyday life. One way for us to truly live out the Word of God is to spend time reflecting on what these words mean for us.

Each Candidate, with the help of his/her parent/guardian, must reflect on what he/she heard at Mass. Trying to see where God is leading them in life; what God is calling them to do with their life.

We invite you to participate in Sunday Mass every week, but you need to write only 7 reflections. Remember, this is a reflection; what you write is what you feel, there are no right or wrong answers. Your reflection is to be well thought out, grammatically correct and neat.

Name: _____ Teacher: _____
First Name Last Name

MASS REFLECTION #1

Date of the mass I attended: ___Saturday ___Sunday Month _____ Date: _____

Time of the Mass: _____ Name of the Church: _____

Name of the Priest who celebrated the Mass: Father: _____

Was there a Deacon? ___No ___Yes, his name: _____

The Gospel reading was taken from the Gospel of ___Matthew ___Mark ___Luke ___John

1. In a few complete sentences tell us what **story** you heard in the Gospel _____

2. After listening to this Gospel Story, the Homily, and discussing it with your parent/guardian, how do you think God is asking you to live this Gospel in your life this week?

3. How did you Actively Participate in Mass this Week? _____

Name: _____ Teacher: _____
First Name Last Name

MASS REFLECTION #2

Date of the mass I attended: ___Saturday ___Sunday Month _____ Date: _____

Time of the Mass: _____ Name of the Church: _____

Name of the Priest who celebrated the Mass: Father: _____

Was there a Deacon? ___No ___Yes, his name: _____

The Gospel reading was taken from the Gospel of ___Matthew ___Mark ___Luke ___John

1. In a few complete sentences tell us what **story** you heard in the Gospel _____

2. After listening to this Gospel Story, the Homily, and discussing it with your parent/guardian, how do you think God is asking you to live this Gospel in your life this week?

3. How did you Actively Participate in Mass this Week? _____

Name: _____ Teacher: _____
First Name Last Name

MASS REFLECTION #3

Date of the mass I attended: ___Saturday ___Sunday Month _____ Date: _____

Time of the Mass: _____ Name of the Church: _____

Name of the Priest who celebrated the Mass: Father: _____

Was there a Deacon? ___No ___Yes, his name: _____

The Gospel reading was taken from the Gospel of ___Matthew ___Mark ___Luke ___John

1. In a few complete sentences tell us what **story** you heard in the Gospel _____

2. After listening to this Gospel Story, the Homily, and discussing it with your parent/guardian, how do you think God is asking you to live this Gospel in your life this week?

3. How did you Actively Participate in Mass this Week? _____

Name: _____ Teacher: _____
First Name Last Name

MASS REFLECTION #4

Date of the mass I attended: ___Saturday ___Sunday Month _____ Date: _____

Time of the Mass: _____ Name of the Church: _____

Name of the Priest who celebrated the Mass: Father: _____

Was there a Deacon? ___No ___Yes, his name: _____

The Gospel reading was taken from the Gospel of ___Matthew ___Mark ___Luke ___John

1. In a few complete sentences tell us what **story** you heard in the Gospel _____

2. After listening to this Gospel Story, the Homily, and discussing it with your parent/guardian, how do you think God is asking you to live this Gospel in your life this week?

3. How did you Actively Participate in Mass this Week? _____

Name: _____ Teacher: _____
First Name Last Name

MASS REFLECTION #5

Date of the mass I attended: ___Saturday ___Sunday Month _____ Date: _____

Time of the Mass: _____ Name of the Church: _____

Name of the Priest who celebrated the Mass: Father: _____

Was there a Deacon? ___No ___Yes, his name: _____

The Gospel reading was taken from the Gospel of ___Matthew ___Mark ___Luke ___John

1. In a few complete sentences tell us what **story** you heard in the Gospel _____

2. After listening to this Gospel Story, the Homily, and discussing it with your parent/guardian, how do you think God is asking you to live this Gospel in your life this week?

3. How did you Actively Participate in Mass this Week? _____

Name: _____ Teacher: _____
First Name Last Name

MASS REFLECTION #6

Date of the mass I attended: ___Saturday ___Sunday Month _____ Date: _____

Time of the Mass: _____ Name of the Church: _____

Name of the Priest who celebrated the Mass: Father: _____

Was there a Deacon? ___No ___Yes, his name: _____

The Gospel reading was taken from the Gospel of ___Matthew ___Mark ___Luke ___John

1. In a few complete sentences tell us what **story** you heard in the Gospel _____

2. After listening to this Gospel Story, the Homily, and discussing it with your parent/guardian, how do you think God is asking you to live this Gospel in your life this week?

3. How did you Actively Participate in Mass this Week? _____

Name: _____ Teacher: _____
First Name Last Name

MASS REFLECTION #7

Date of the mass I attended: ___Saturday ___Sunday Month _____ Date: _____

Time of the Mass: _____ Name of the Church: _____

Name of the Priest who celebrated the Mass: Father: _____

Was there a Deacon? ___No ___Yes, his name: _____

The Gospel reading was taken from the Gospel of ___Matthew ___Mark ___Luke ___John

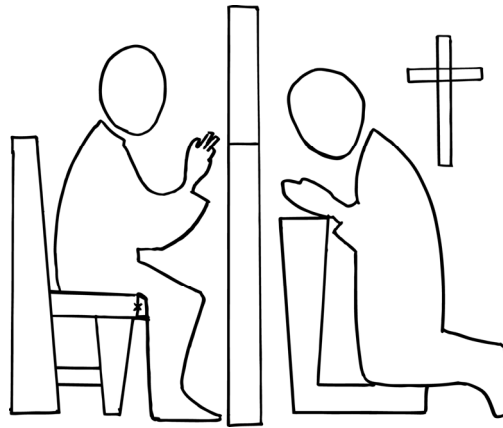
1. In a few complete sentences tell us what **story** you heard in the Gospel _____

2. After listening to this Gospel Story, the Homily, and discussing it with your parent/guardian, how do you think God is asking you to live this Gospel in your life this week?

3. How did you Actively Participate in Mass this Week? _____

Five Steps for a Good Confession

1. Examine your conscience.
2. Be sincerely sorry for your sins.
3. Confess your sins.
4. Resolve to amend your life.
5. After your confession, do the penance the priest assigns.



Confession Formula

(you say bold text)

I. Begin your confession with the sign of the cross:

In the name of the Father, and of the Son, and of the Holy Spirit. I amyears old, last time I was at the Confession (say how long ago?weeks / months ago).

II. Say the sins that you remember. (In order to make a good confession the faithful must confess all mortal sins, according to kind and number.) After confessing say:

I am sorry for these and all the sins of my past life.

III. Listen to the words of the priest. He will assign you some penance. When invited, express some prayer of sorrow or Act of Contrition such as:

IV. My God I am sorry for my sins with all my heart In choosing to do wrong and failing to do good, I have sinned against You whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In His name, my God, have mercy. Amen.

V. Listen to the words of absolution, the sacramental forgiveness of the Church through the ordained priest. As you listen to the words of forgiveness you may make the sign of the cross with the priest. Priest may closes by saying, "Give thanks to the Lord for He is good," answer: **"For His mercy endures forever."**

Name:Teacher :

The Sacrament of Reconciliation (Confession) is one of the most unique and beautiful aspects of Catholicism. Jesus Christ, in His abundant love and mercy, established the Sacrament of Confession, so that we as sinners can obtain forgiveness for our sins and reconcile with God and the Church. It is a wonderful experience of God’s mercy and love for each of us. Many young people who receive this sacrament say that it lifts the burdens of their hearts. It is important for all Catholics to participate in this sacrament regularly.

Each student is expected to celebrate this great sacrament of God's healing, forgiveness and love during catechetical year. We ask for one Reconciliation Reflection, however we encourage you to attend more often than once a year: especially at the Advent and Lent time. Please take a signature from parents after sacrament and write short reflection.

CONFESSION TIME IN OUR PARISH

- 1. Saturdays afternoon from 12:00pm to 1:00pm;
 - 2. Mondays afternoon from 1:15pm to 2:00pm;
 - 3. 3. During Advent and Lent there is additional day of Penance. Check the bulletin for dates.
- (If you go to Sacrament of Reconciliation in another parish please check their time and schedule)

Reconciliation Reflection

Based on your recent participation in Confession, how did you experience sacrament of Reconciliation? What actually happens? How do you feel after the sacrament? Why is it important to go to Reconciliation?

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Participated in the Sacrament of Reconciliation in Church

(name of the Church)

Parent’s signature:.....date:



SERVICE (MINISTRY) PROJECT

The Sacrament of Confirmation is

OUR CALL TO SERVICE

Just as Jesus served the people around Him....we
are called to serve our Church Family and our
Global Community.

“I am among you as one who serves” ~Luke 22:27

As part of your preparation for the Sacrament of Confirmation you are asked to
complete a minimum of 7 hours of Community Service.

You may complete 3 hours to your family but 4 hours must be to people outside your family. Anything you do that you do not get paid for doing is considered Service. You can also achieve community hours by being involved in church activities: joining to young lector, Altar Servers or Choir. Additionally if you read on Youth Mass you also receive hour of community service.



LOG SHEET FOR CONFIRMAITON SERVICE PROJECT

Student Name: _____ **Teacher:** _____

DIRECTIONS: USE THIS SHEET TO KEEP A RECORD OF YOUR SERVICE HOURS. EACH TIME YOU DO SOMETHING FOR SOMEONE AND YOU DON'T GET PAID FOR DOING IT RECORD IT HERE AND HAVE THE PERSON WHO RECEIVED THE SERVICE SIGN THIS FOR YOU. (Minimum time activity should be 30 min.)

Date of Service	# of Hours	Description of Service	Signature

The Patron Saint of our Parish is ST. JANE FRANCES DE CHANTAL.

You can google ST. JANE FRANCES DE CHANTAL AND READ about her life then prepare a report on this patron of our parish. You can go to www.catholic.org/saints. Use the template below to complete this Project.

Student Name: _____ Teacher: _____

A REPORT ON SAINT JANE FRANCES de CHANTAL

After reading about St. Frances de Chantal answer the following questions:

1. Where was Saint Jane Frances born? _____
2. What qualities did she bring to her marriage with Christopher? _____

3. Why did Jane give food to people who pretended to leave then snuck back in line?

4. How did her husband die? _____ What was Christopher's reaction to the man who shot him?

- Did Jane Frances react the same way? _____ Why? _____

5. What lesson do you think Saint Jane Frances teaches about forgiveness?

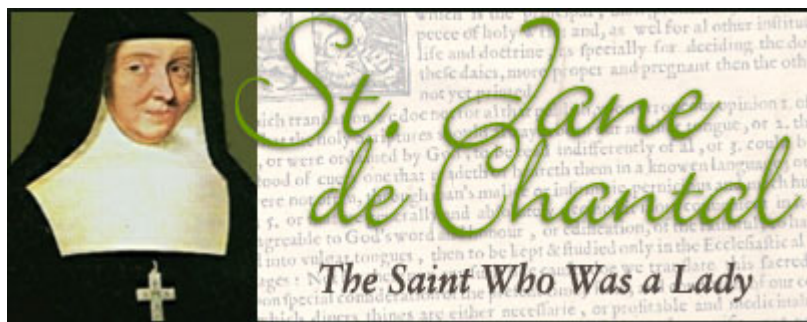
6. How old was she when she died? _____

Continue on the next page

7. St. Jane Frances believed the secret of happiness was in “losing”, that we should “throw ourselves into God as little drop of water into the sea, and lose ourselves indeed in the Ocean of the divine goodness”. What do you think she meant by this?

8. What qualities of St. Jane Frances do you wish you could possess? _____

why? _____



Prayer to St.

Jane Frances:

Saint Jane, you forgave the man who killed your husband. Help me to learn to forgive a particular person in my life who has caused me harm. You know how difficult it is to forgive. Help me to take the steps you took to welcome this person back into my life. Amen.

St. Janes Frances feast day is August 12th.

Helpful instruction to the Sacrament of Reconciliation

Five Steps for a Good Confession

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3. Confess your sins.
4. Resolve to amend your life.
5. After your confession, do the penance the priest assigns.



Confession Formula

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I. Begin your confession with the sign of the cross:

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I am sorry for these and all the sins of my past life.

III. Listen to the words of the priest. He will assign you some penance. When invited, express some prayer of sorrow or Act of Contrition such as:

IV. My God I am sorry for my sins with all my heart In choosing to do wrong and failing to do good, I have sinned against You whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In His name, my God, have mercy. Amen.

V. Listen to the words of absolution, the sacramental forgiveness of the Church through the ordained priest. As you listen to the words of forgiveness you may make the sign of the cross with the priest. Priest may close by saying, "Give thanks to the Lord for He is good," answer: "**For His mercy endures forever.**"

I. The Candidate is required to know following prayers and have general knowledge of Old and New Testament.

1. OUR FATHER
2. HAIL MARY
3. ACT OF CONTRITION
4. SEVEN SACRAMENTS
5. THE TEN COMMANDMENTS
6. THE SEVEN GIFTS OF THE HOLY SPIRIT



II. THE TWO 'SECTIONS' of the BIBLE Old Testament: Hebrew Scriptures and New Testament: Christian Scriptures

The Old Testament is the story of God's Covenant with His people (Jewish). The key event for the Jewish people, which revealed God's love for them, is the EXODUS from their slavery in Egypt. In this story we find the Passover, the Red Sea, the giving of the Ten Commandments, Moses and the promise of a Land flowing with milk and honey, which was to be their own- The Promised Land. The Old Testament books are consist of three mayor parts Historical books, Wisdom books and Prophetic books.

The New Testament is the story of God dwelling in the flesh, Jesus, and the final action of God to reconcile humanity to Himself through Jesus' Life, Death and Resurrection (The Paschal Mystery). The New Testament books (27) are a collection of four Gospels (Matthew, Mark, Luke and John), Acts of the Apostles, Apostolic letters (21) and Apocalyptic (Revelation) writings.